

Speer Frauen

| | IBL Meisterinnen | | |
|-------------|-------------------------|-------------------------------|--------------|
| 1952 | Schwärzler Marlies | V-TS Dornbirn | 32,42 |
| 1953 | Bosshard Rosmarie | SA-LAS Brühl St. Gallen | 27,20 |
| 1954 | Spieß Busy | SA-LAS Brühl St. Gallen | 23,29 |
| 1955 | Branner Regina | V-TS Rankweil | 36,15 |
| 1956 | Schwärzler Marlies | V-TS Dornbirn | 41,58 |
| 1957 | Kriegisch Emmy | A-TSV Bad Wörishofen | 31,19 |
| 1958 | ausgefallen | | |
| 1959 | Kriegisch Emmy | A-TSV Bad Wörishofen | 33,23 |
| 1960 | Volz Gunhild | A-TV Memmingen | 33,99 |
| 1961 | Noll Hannelore | H-TV Konstanz | 28,03 |
| 1962 | Frischknecht Fry | SA-LAS Brühl St. Gallen | 37,83 |
| 1963 | Frischknecht Fry | SA-LAS Brühl St. Gallen | 37,83 |
| 1964 | Frischknecht Fry | SA-LAS Brühl St. Gallen | 37,22 |
| 1965 | Frischknecht Fry | SA-LAS Brühl St. Gallen | 36,52 |
| 1966 | Frischknecht Fry | SA-LAS Brühl St. Gallen | 39,16 |
| 1967 | Rüdisühli Olga | SA-LAS Brühl St. Gallen | 36,34 |
| 1968 | Kriegisch Emmy | A-TSV Bad Wörishofen | 33,46 |
| 1969 | Ursella Renate | V-TS Götzis | 40,05 |
| 1970 | Gillich Rosmarie | O-LG Bodensee | 27,62 |
| 1971 | Ursella Renate | V-TS Götzis | 42,50 |
| 1972 | Ursella Renate | V-LG Montfort | 44,02 |
| 1973 | Ursella Renate | V-LG Montfort | 44,16 |
| 1974 | Pfeiffer Christa | O-LG Saulgau | 34,51 |
| 1975 | ausgefallen | | |
| 1976 | Abram Liane | V-ULC Dornbirn | 31,26 |
| 1977 | Baumann Waltraud | O-LG Schussen | 36,76 |
| 1978 | ausgefallen | | |
| 1979 | Mayer Jutta | O-TSV Aitrach | 38,34 |
| 1980 | Jorgensen Lohne | SA-LC Brühl St. Gallen | 48,34 |
| 1981 | Romano Sabine | H-TV Konstanz | 41,44 |
| 1982 | Hauer Marion | H-STV Singen | 40,78 |
| 1983 | Hauer Marion | H-STV Singen | 42,62 |
| 1984 | Küng Helene | V-TS Bregenz | 42,76 |
| 1985 | Küng Helene | V-LG Montfort | 39,90 |
| 1986 | Lhotzky Sabine | A-TV Lindenberg | 36,90 |
| 1987 | Möhrle Sylvia | O-LG Sigmaringen | 43,78 |
| 1988 | Möhrle Sylvia | O-LG Sigmaringen | 39,48 |
| 1989 | Pihusch Birgit | A-TSV Marktoberdorf | 40,14 |
| 1990 | Hitschler Ulrike | H-LT Radolfzell | 41,76 |
| 1991 | Schuhmann Kathrin | A-TV Immenstadt | 43,80 |
| 1992 | Thalmann Meta | TG-LA Gachnang-Islikon | 39,94 |
| 1993 | Keller Birgit | O-LG Sigmaringen | 34,24 |
| 1994 | Schuhmann Kathrin | A-TV Immenstadt | 37,70 |
| 1995 | Zacher Iris | A-TV Türkheim | 38,62 |
| 1996 | Bachl Karin | A-TV Kempten | 34,22 |
| 1997 | Keller Birgit | O-LG Sigmaringen | 41,20 |
| 1998 | Keller Birgit | O-LG Sigmaringen | 33,98 |
| 1999 | Igl Simone | V-TS Hörbranz | 39,69 |

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| 2000-n.Spekt | Wetz Simone | O-LG Sigmaringen | 35,46 |
| 2001 | Straub Karin | O-LG Welfen | 35,62 |
| 2002 | Widenbauer Kathrin | V-TS Bregenz | 35,13 |
| 2003 | Igl Simone | V-TS Hörbranz | 40,46 |
| 2004 | Igl Simone | V-TS Hörbranz | 44,65 |
| 2005 | Höllwarh Christine | O-VfB LC Friedrichshafen | 39,38 |
| 2006 | Züblin Linda | TG-LG erdgas Oberthurgau | 44,57 |
| 2007 | Fronk Jessika | H-LG Salemertal | 42,50 |
| 2008 | Züblin Sarah | TG-LG erdgas Oberthurgau | 41,05 |
| 2009 | Marciello Patricia | TG-TV Amriswil | 42,41 |
| 2010 | Züblin Sarah | TG-LG erdgas Oberthurgau | 43,30 |
| 2011 | Mayer Tanja | TG-TV Amriswil | 38,72 |
| 2012 | Klien Katharina | V-SG Götzis | 37,38 |
| 2013 | Gälli Kim | SH-LC Schaffhausen | 39,14 |
| 2014 | Fässler Selina | TG-Amriswil Athletics | 46,83 |
| 2015 | Gälli Kim | SH-LC Schaffhausen | 42,80 |
| 2016 | Ölz Anna | V-TS Dornbirn | 38,35 |
| 2017 | Schuler Chiara | V-TS Hörbranz | 39,94 |
| 2018 | Fässler Selina | TG-Amriswil Athletics | 46,70 |
| 2019 | Sauter Tatjana | TG-Amriswil Athletics | 38,77 |
| 5 x | Frischknecht Fry | St.Gallen | 1962- 1966 |